Kayaking Trip on Lake Merced

A collaborative adventure between the Campus Recreation Department, department of Recreation, Parks, and Tourism, and the Disability Programs and Resources Center at San Francisco State University.

Take part an introductory classroom session on April 18th from 2pm-4pm where you will meet kayaking instructors from the Department of Recreation, Parks and Tourism, see the kayaks you’ll be using, and learn about adaptations that will make your kayaking safe, comfortable and fun. You’ll get a chance to work together as a team with the instructors to learn how best to accommodate your unique needs while kayaking.

Then on Friday April 22nd, it’s your turn to grab a paddle and participate to your comfort level on Lake Merced. No previous kayaking experience is required. You do not need to be able to swim, but you must be able to sit up with some support in a kayak.

This program includes expert kayaking instructors, stable two-person kayaks, paddles, life jackets (personal floatation devices), special accommodation equipment and transportation from the SFSU main campus to and back from Lake Merced at no additional cost to you.