



☹ You've been distracted from your studies...

☹ You had a setback and it affected your schoolwork...

☹ You found yourself in classes above your head...

☹ You don't know where all your time went...

☹ You don't know where all your money went and rent is almost due...

***Look inside for workshops which can address the very issues which have been a great distraction to your studies.***

## Who We Are

### About Us

For over 45 years, the Educational Opportunity Program (EOP) at SF State University has improved access and retention of historically underserved (low income, first generation college) students by facilitating their matriculation into SF State and by providing a support system for their success. EOP is a comprehensive program designed to provide students with outreach, admissions, academic, and financial support. Students receive on-going advising, tutoring, and workshops designed to increase retention and graduation rates.

### Contact Us

Phone: (415) 338-1085

Email: [eop@sfsu.edu](mailto:eop@sfsu.edu)

Web: [www.sfsu.edu/~eop](http://www.sfsu.edu/~eop)



### EDUCATIONAL OPPORTUNITY PROGRAM

Student Affairs & Enrollment Management

SF State University

1600 Holloway Ave., SSB 201  
San Francisco, CA 94132



## EDUCATIONAL OPPORTUNITY PROGRAM

### HELP

*for students whose grades are slipping or who are on ACADEMIC PROBATION*

# Fall 2015 workshops geared to help you get back on track:

## ***College Survival Skills***

Friday, September 11<sup>th</sup> at 10-11 am

Tuesday, September 22<sup>nd</sup> at 1-2 pm

Friday, October 9<sup>th</sup> at 10-11 am

Develop skills to understand the college system. You can survive academia!

## ***Get That "A"***

Thursday, September 24<sup>th</sup> at 10 am-12 pm

Don't take the easy route of earning a "C." Anyone can do that. Show how you're unique...take the energy and time to do a little more, and get that "A."

## ***Money Matters***

Thursday, November 5<sup>th</sup> at 10-11:30 am

You can't control your money...it's controlling you! Come pick up some new tips and skills and get back on the road to financial freedom.

## ***Probation: Understanding It***

Monday, October 5<sup>th</sup> at 2-3:30 pm

Thursday, October 29<sup>th</sup> at 10 am-12 pm

Learn just what academic probation is and how you can avoid it. If you have gotten on probation, learn how to get

off it and stay off for good! Learn life skills that will carry you beyond college.

## ***Strategies for a Science Major***

Tuesday, October 6<sup>th</sup> at 1-3 pm

Maneuvering through a science major takes special skills. What do you need to do to advance in this field? Learn study skills geared for Science Majors.

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***"I feel less stressed after attending this workshop."***

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## ***Time Management***

Friday, October 2<sup>nd</sup> at 10 am-12 pm

Do you lose track of time often? Can't get your assignments turned in on time? Learn skills to help manage your time better.

## ***Why Are You Here?***

Thursday, October 22<sup>nd</sup> at 1-2 pm

Clueless and don't know what major to declare? Come explore your goals for a satisfying college education.

**Reserve your seat online at:**

<http://sfstateeop.eventbrite.com>

## RESOURCES

EOP Advising & Tutoring (for EOP students only): <http://www.sfsu.edu/~eop>

Counseling & Psychological Services

Center: <http://www.sfsu.edu/~psyservs/>

Student Health Services:

<http://health.sfsu.edu/>

Undergraduate Tutoring Services:

<http://ueap.sfsu.edu/tutoring>

Undergraduate Tutoring by major:

<http://www.sfsu.edu/~lac/tutorsubject.html>

Athletes: Gator Academic Resource

Center:

<http://www.sfstategators.com/sports/2008/8/31/academics.aspx?tab=academics>

## COLLEGE RESOURCE CENTERS

College of Business Student Services

Center:

<http://cob6.sfsu.edu/cob/undergrad>

College of Ethnic Studies Student Resource & Empowerment Center:

<http://ethnicstudies.sfsu.edu/studentcenter>

College of Health & Social Sciences Student Resource Center:

<http://www.sfsu.edu/tdirect/271.htm>

College of Science & Engineering Student Resource Center:

<http://online.sfsu.edu/cosesrc/>

English Tutoring Center: [etc.sfsu.edu](http://etc.sfsu.edu)