

**Patient Information  
Efudex Cream**

Efudex (5FU) cream is used in the vagina to treat condyloma (warts) or dysplasia (abnormal tissue) in the vagina and/or on the cervix. It works by causing a chemical burn, which in turn will cause the top layer of tissue to come off. Since the cream causes burns, it must be used with great care. Please follow these instructions closely.

1. Apply Desitin Ointment or Vaseline (bought at the drug store) to the outside of the vaginal opening, and all surfaces of the labia minora (lips of skin close to the vagina).
2. At bedtime, while lying down, insert ½ applicator of cream as far into the vagina as possible. Then insert one tampon. Remove the tampon the next morning. **DO NOT LEAVE THE TAMPON IN ALL DAY.** If you have a lot of irritation due to the tampon, you may avoid using it. However, you must be extremely careful that the cream does not leak onto the labia minora (lips of skin close to the vagina).
3. In the morning, after you remove the tampon, sit on the toilet and let the cream drip out. Then take a shower and gently wash the vaginal area well. If cream still drips out of the vagina, douche with vinegar-water solution (2 tablespoons white vinegar to 1 quart warm water) and then clean the vaginal area again.
4. During the day, keep the labia (lips) coated with Desitin Ointment or Vaseline so that if the cream does drip out, it will not bother the labia.
5. If you notice any soreness or rawness of the labia, keep the area coated with Desitin or Vaseline. If the sore or raw labia are allowed to come in direct contact, they may stick together. This may cause pain and/or difficulty urinating (peeing).
6. If you have soreness of the labia, you may soak in a warm tub of water for 20 minutes at a time or try putting ice on it.
7. Use ½ applicator of Efudex at bedtime for 5 nights in a row. Do not use it during your period. Do not use it during the day.
8. Once you are done using the Efudex, you may notice a pinkish, watery vaginal discharge which is due to the peeling tissue. This usually lasts about 2 weeks.
9. Return to the clinic for an examination 2 weeks after finishing the cream.
10. Do not hesitate to call the clinic 206-3409 if you have problems while using the medicine.