

Psychiatric Resources in San Mateo

Agency	Phone	Lowest Fee
Sequoia Counseling , Redwood City (Has interns who work on sliding scale sometimes)	(650) 363-0383	\$50 (negotiable)
Catholic Charities , San Mateo Contact: Pamela Eaken (650) 295-2160 x199	(650) 295-2160 x210 (intake phone)	\$40
Pacific Graduate School Psychiatric Clinic, Palo Alto	(650) 961-9300	\$15 (min. sliding scale)
Project Focys (YMCA) San Mateo	(650) 349-7969	\$40- \$110
NPFA , South San Francisco	(650) 877-8642 x10 (info. Desk)	\$20

Community Agencies for Individual & Family Counseling

Agency	Phone
Family Service Agency , Daly City & San Mateo	(650) 403-4300
Latino Brief Therapy Center , Palo Alto Karen Shlanger, MFT	(650) 323-5457