

ACADEMIC EMPHASIS IN LONG-TERM CARE ADMINISTRATION (LTCA)

DESCRIPTION

The Gerontology Program was established in recognition of this country's burgeoning elderly population, and the implications of this demographic trend for the field of long-term care (home-based, community-based, and institutionally-based). Long-term care is the fastest growing segment of the health care industry; there is a critical need to provide a core of professional personnel aspiring to careers in long-term care administration with the knowledge and skills to address the complex issues in aging, health and human services. The financing, policy, programming, and regulatory issues in the field of long-term care administration (i.e. OBRA, Title 22) require intensive study as they relate to the aging population.

An academic emphasis in Long-Term Care Administration is offered to expand and upgrade the knowledge and skills of students interested in helping to enhance the quality of care and quality of life for older adults residing in long-term care facilities or using long-term care programs and services. The academic emphasis in Long-Term Care Administration will prepare students with practical experience through a supervised AIT Internship (480 hours minimum); in addition, students may choose to take the California State certification examination for RCFE Administrators and/or California State licensure examination for Nursing Home Administrators. Student scholarships are available through the Patrick Nobis RCFE Scholarship Fund.

Dr. Darlene Yee serves as Coordinator of the Academic Emphasis in Long-Term Care Administration; Cristina M. Flores, MA, RN, serves as Associate Coordinator of Long-Term Care Administration. Regular guest speakers include Joyce McGriff; Patricia McGinnis; David Hahklotubbe; Mary Schrembri; and Stephen Echaves who contribute to the continuing success of the academic emphasis in Long-Term Care Administration as well as its approval to provide the RCFE Certification Program by the California Department of Social Services. In addition, the academic emphasis in Long-Term Care Administration collaborates with the SFSU School of Nursing in order to offer BRN CEUs for RNs and LVNs.

CURRICULUM

Required Core Courses in Long-Term Care Administration (12 units)

GRN 740 Long-Term Care Administration I (3 units)

GRN 745 Long-Term Care Administration II (3 units)

GRN 838 Gerontology AIT Internship Seminar (3 units)

GRN 839 Gerontology AIT Internship (3 units)

Administrator-In-Training (AIT) Internship opportunities: San Francisco State University is working with the American College of Health Care Administrators (ACHCA), California Association of Health Facilities (CAHF), California Association of Homes and Services for the Aging (CAHSA), and Nursing Home Administrators Program on AIT Internships (480 hours minimum). These may include, but are not limited to, the long-term care facilities listed below. Some of these AIT Internship sites offer a paid stipend and/or other benefits such as tuition, books, etc.

Some AIT Internship sites have included: Alma Via of San Francisco; American Baptist Homes of the West; Bridgepointe; Burlingame Nursing & Rehab; California Pacific Medical Center; Chaparral House; College Park Convalescent Center; Country Villa Sheraton; Coventry Park; Diana Lynn Lodge; Forum at Rancho San Antonio; Fredericka Manor Care Center; Hillhaven; Jewish Home for the Aged; Lake Park Retirement Residence; Linda Mar Rehabilitation Center; Lytton Gardens Community Housing; Magnolia of Millbrae; Manor Care; Northgate Convalescent Hospital; Oakland Nursing Rehab Center; Pacific Nursing & Rehab Center; Prather Methodist Primrose; Memorial Homes; Retirement Inn of Daly City; Salem Lutheran Home; San Bruno Skilled Nursing Hospital; Southern California Presbyterian Homes; Sycamore Park Convalescent Hospital; The Guardian, Rossmoor; The Guardian, Smith Ranch; The Redwoods; The San Francisco Towers; The Sequoias, San Francisco; The Tamalpais and Villa Siena.

PROFESSIONAL OPPORTUNITIES

Long-term care administration is in a period of expansion and diversification. Professional requirements vary widely depending on state and federal regulations for the specific area of administration. Long-term care administrators manage and direct the daily operations of long-term care facilities. Employment opportunities for long-term care administrators are plentiful and may be found in: Hospital Systems; Retirement Communities; Skilled Nursing Facilities; Assisted Living Facilities; Rehabilitation Facilities; Sub-Acute Care Facilities; Home Health Care Programs; Geriatric Centers; Senior Day Care Centers; Special Population Programs (AIDS, Mental Health); and Hospice Facilities.

The American College of Health Care Administrators (ACHCA) and Gerontological Society of America (GSA) are active groups on the San Francisco State University (SFSU) campus. As a student member of the ACHCA and GSA at SFSU, you can attend local meetings, call upon local members for guidance, communicate with members through computer services, and get official publications (*Balance*, *Journals of Gerontology*, and *The Gerontologist*). Special events include the popular Spring Forum and AIT Reception co-sponsored by the SFSU Student Chapters of ACHCA and GSA.