A collaborative adventure for SF State students with disabilities hosted by the Campus Recreation Department, Department of Recreation, Parks, and Tourism, and the Disability Programs and Resources Center. Kayaking equipment, instructors, and transportation from SF State are provided. Enjoy an afternoon of paddling in a stable two-person kayak on beautiful Lake Merced, with knowledgeable instructors and equipment especially designed for students with disabilities. **FREE**, but limited to SF State students!

**Mandatory Pre-Trip Meeting**
A chance to meet the kayaking instructors, see the kayaks, learn about adaptations that will make the trip safe, comfortable, and fun.

Monday, April 16th, 2012
2:00pm-4:00pm
Gym 147

*To request disability accommodations at the Pre-Trip Meeting, please contact Ryan Fetzer at 415-405-0485 at least two weeks prior to meeting date.*

**Trip Info**
Time to head over to beautiful Lake Merced and grab a paddle. Stable kayaks and experienced instructors will be waiting to assist you. No previous kayaking experience is required.

Friday, April 20th, 2012
1:00pm-5:00pm

**How to sign up?**

**STEP 1:** Fill out the Trip Registration Info below, along with the Medical Info Sheet, and Trip Liability Waiver.

**STEP 2:** Submit all three documents to the Campus Recreation Department Office, 1600 Holloway Avenue, Student Services Building # 105, San Francisco, CA 94132 by 12:00pm on Friday, April 13th.

**STEP 3:** Attend the Pre-Trip Meeting on Monday, April 16th for specific info and to meet the kayaking instructors and learn together how to best accommodate you on the water.

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