The overarching project goal is to harness the multiple benefits of community gardens and gardening to create opportunities for physical activity and improve healthy eating, simultaneously creating sanctuaries that build community, enhance safety, and address healthy eating and active living.

The project will also work toward achieving two programmatic sub-goals:

- **To develop and implement a school-based garden program at Bret Harte Elementary School that will increase healthy eating and provides opportunities for physical activity among students and their families.** The school-based garden program will utilize the Double Rock garden as well as the Bret Harte school garden. The program will be based on the University of California Santa Cruz (UC Santa Cruz) Life Lab Science Curriculum, an evaluated core curriculum that integrates earth, life, and physical science concepts within the context of a Living Laboratory school/community garden.

- **To develop and implement a community-based garden program that will increase healthy eating and provide opportunities for physical activity among BVHP residents.** The community-based garden program will be carried out in partnership with Girls 2000 and the Quesada Gardens Initiative (QGI) and seeks to increase utilization of the Double Rock garden among older adults, and work with community residents to establish and maintain mini gardens or pocket parks in BVHP.

The Health Equity Initiative at SF State is providing evaluation services for this project.