# BACHELOR OF SCIENCE IN HEALTH EDUCATION (120 Units)

## GENERAL EDUCATION

<table>
<thead>
<tr>
<th>Segment I</th>
<th>12</th>
</tr>
</thead>
<tbody>
<tr>
<td>Segment II</td>
<td>27</td>
</tr>
<tr>
<td>Segment III</td>
<td>9</td>
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<table>
<thead>
<tr>
<th>GENERAL EDUCATION UNITS</th>
</tr>
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<tbody>
<tr>
<td>48</td>
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</tbody>
</table>

## FOUNDATION COURSES FOR THE MAJOR*

### BIOL 100
- 3

### BIOL 101
- 1

### BIOL 210
- 3

### BIOL 211 (lab)
- 1

### MATH 124
- 3

### ISED 160
- 3

*substitutions on advisement

### Total Foundation
- 11

## MAJOR REQUIREMENTS

### JEPET

<table>
<thead>
<tr>
<th>JEPET</th>
<th>或 ENG 414</th>
<th>Passed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Take upon completing 60 units</td>
<td>MUST PASS before taking HED 431</td>
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</tbody>
</table>

### Health Education Core Courses

#### Sequenced Courses - Must be taken in order

1. **HED 300**
   - The Health Education Profession
   - 3

2. **HED 430**
   - Foundations of Community Health Education (CHE)
   - 3

3. **HED 431**
   - CHE: Planning, Implementation, and Evaluation
   - 3

4. **HED 480**
   - Fieldwork in Community Health
   - 9

#### Flexible Sequencing

- **HED 425**
  - Research and Statistics in Health (PRE-REQ for HED 431)
  - 3

- **HED 310**
  - Health in Society
  - 3

- **HH 305**
  - Relaxation and Stress Reduction
  - 3

- **HED 410**
  - Organization and Function of Health Services
  - 3

- **HED 450**
  - Policy Issues in Health Education
  - 3

- **HED 420**
  - Epidemiology
  - 3

- **HED 418**
  - Environmental Health
  - 3

- **HED 455**
  - Community Organizing and Building for Health
  - 3

- **HED 520**
  - Race, Class, Gender, and Health Promotion
  - 3

- **HED 660**
  - Developing Healthy Youth in Schools and Communities
  - 3

### Total Core Courses
- 39-42

### Health Emphasis - Chose ONE of the following areas and select among courses offered**:

- Community Based Public Health
- Holistic Health
- School Health

### Total For Major
- 51

**SFSU Bulletin & Health Education Website ([http://www.sfsu.edu/~hed/](http://www.sfsu.edu/~hed/)) has a complete list of courses available in each emphasis.**

**Updated Nov. 2005**
# Department of Health Education
## Bachelors of Science in Health Education
### Recommended Core Course Roadmap to Graduation

<table>
<thead>
<tr>
<th>Semester Sequencing</th>
<th>1(^{st}) SEMESTER</th>
<th>2(^{nd}) SEMESTER</th>
<th>3(^{rd}) SEMESTER</th>
<th>4(^{th}) SEMESTER</th>
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<tr>
<td></td>
<td>Units</td>
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<tr>
<td><strong>REQUIRED SEQUENCE</strong></td>
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<tr>
<td>HED 300</td>
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<td>HED 430</td>
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<td>HED 431</td>
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<tr>
<td>- pass C or better</td>
<td></td>
<td>- pass B- or better</td>
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<td>- JEPET passed</td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td>- pre-req HED 425</td>
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<tr>
<td>HED 310 (III) or HH 305</td>
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<td>HED 410 (III) or HED 450 (III)</td>
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<td>HED 460 (Fall Only)</td>
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<td>JEPET, passed, or ENG 414</td>
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<td>(not required for Holistic emphasis)</td>
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<tr>
<td>HED 425 (pre-req for HED 431)</td>
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<td>HED 420 (II)</td>
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<td>HED 660 (Fall Only)</td>
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<tr>
<td>Choose from:</td>
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<td></td>
<td></td>
<td>(not required for Holistic emphasis)</td>
</tr>
<tr>
<td>HED 418 (II)</td>
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<td></td>
<td></td>
<td>JEPET, passed, or ENG 414</td>
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<tr>
<td>HED 455 (II)</td>
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<td>Choose from:</td>
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<tr>
<td>HED 520</td>
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<td>HED 418 (II)</td>
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<td>HED 455 (II)</td>
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<td>HED 520</td>
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### General Health Education TO DO:

- See a Faculty Advisor *early*(HSS 326)
- See a PMA (Peer Mentor Advisor) HSS 322
- Attend a HESA meeting
- See Advisor in Student Resource Center (HSS 239) for GE & University Policy advising
- Complete foundation courses
- Pass JEPET or ENG 414 before HED 431
- Take HED 300, 430, 431 & 480 in sequence
- Choose a Health Emphasis: Community-Based Public Health, Holistic Health, School Health

### B.S. Degree:

- 39 or 42 Core Units + 9 or 12 Elective Units = **51 Units**

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Dept. of Health Education; HSS 326; (415) 338-1413
http://www.sfsu.edu/~hed/ email: hed@sfsu.edu