



SF STATE

Know the Signs of Acute Alcohol Poisoning?

Your friend has had way too much to drink, and may not be just sleeping it off. If someone is suffering from acute alcohol poisoning as a result of drinking too much too quickly, they could die if you don't intervene.

THE DIFFERENCE BETWEEN BEING PASSED OUT & ALCOHOL POISONING?

- Is the person unconscious; are you unable to wake them?
- Did the person vomit and not wake up while throwing-up?
- Are they cold and/or clammy to the touch?
- Some people with light skin may look unusually pale or bluish.
- Is the person breathing slowly or irregularly?
- If there is more than 10 seconds between breaths or they are taking less than 8 breaths per minute, they are in serious need of medical care— call 911 or get them to the emergency room!

HOW TO HELP?

If the person is exhibiting any of the signs above:

Do not worry about legal ramifications – your friend's life may depend on your quick response

- CALL 911
- Never leave the person alone
- Turn them on their side so that they do not choke on their own vomit.
- Continue to monitor the breathing.
- If breathing stops, administer CPR or find someone who can