Creating a Career/Value Genogram

1. This can be an ongoing project. You may start this today and add to it over time.

2. Start with yourself in the center of the page.
   a. Connect yourself to people you know, or even slightly know. Think of all the communities to which you belong—families you have created, families of origin, volunteer organizations, programs, health organizations, churches, cafes in your neighborhood, the staff at PRC, PRC clients—those you see sitting around you today, think of your daily routine.

3. Use different shapes, lines, color to help signify relationships and connections. Include a key to show what the shapes, lines, colors represent.

4. Information that you may include:
   a. Name of the person, if known
   b. Occupations
   c. Careers
   d. Values
   e. Positions held currently or in the past
   f. Any other information you think is important: HIV status, gender, sexual orientation, education, disability, socioeconomic status, ethnicity, relationship to you, relationship to one another, dates or number of years in the position, hobbies

5. Some questions to consider.
   a. Do people around you do similar work to one another?
   b. Do people around you have similar or different interests than you?
   c. If people around you have different paths than you, do they support yours?
   d. Are you surprised about all the information that you know? Or that you don’t know?
   e. Do you see other patterns or trends?
   f. Have you been affected by the paths or values or expectations of others around you?
   g. Does knowing this information affect your view of your path?
   h. What else do you notice?